



Vance AFB Office of Emergency Management

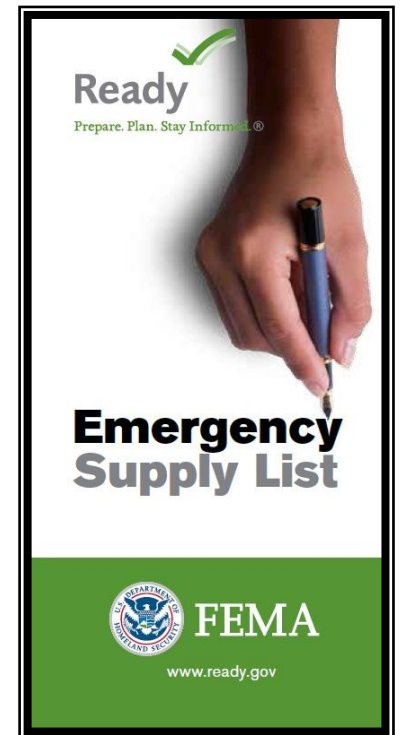
Emergency Supply List

Water, food, and clean air are important things to have if an emergency happens. Each family or individual's kit should be customized to meet specific needs, such as medications and infant formula. It should also be customized to include important family documents.

Below are a few options when building your Emergency Supply Kit. For more information please contact the Vance AFB Office of Emergency Management.

Recommended Supplies to Include in a Basic Kit:

- Water, one gallon of water per person per day, for drinking and sanitation
- Food, at least a three-day supply of non-perishable food
- Battery-powered radio and a NOAA Weather Radio with tone alert, and extra batteries for both
- Flashlight and extra batteries
- First Aid kit
- Whistle to signal for help
- Infant formula and diapers, if you have an infant
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Dust mask or cotton t-shirt, to help filter the air
- Plastic sheeting and duct tape to shelter-in-place
- Wrench or pliers to turn off utilities
- Can opener for food (if kit contains canned food)



Clothing and Bedding:

If you live in a cold weather climate, you must think about warmth. It is possible that the power will be out and you will not have heat. Re-think your clothing and bedding supplies to account for growing children and other family changes. One complete change of warm clothing and shoes per person, including:

- A jacket or coat
- Long pants
- A long sleeve shirt
- Sturdy shoes
- A hat and gloves
- A sleeping bag or warm blanket for each person



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Emergency Supply List Cont.



The ProPac Online CERT Supplies Catalog



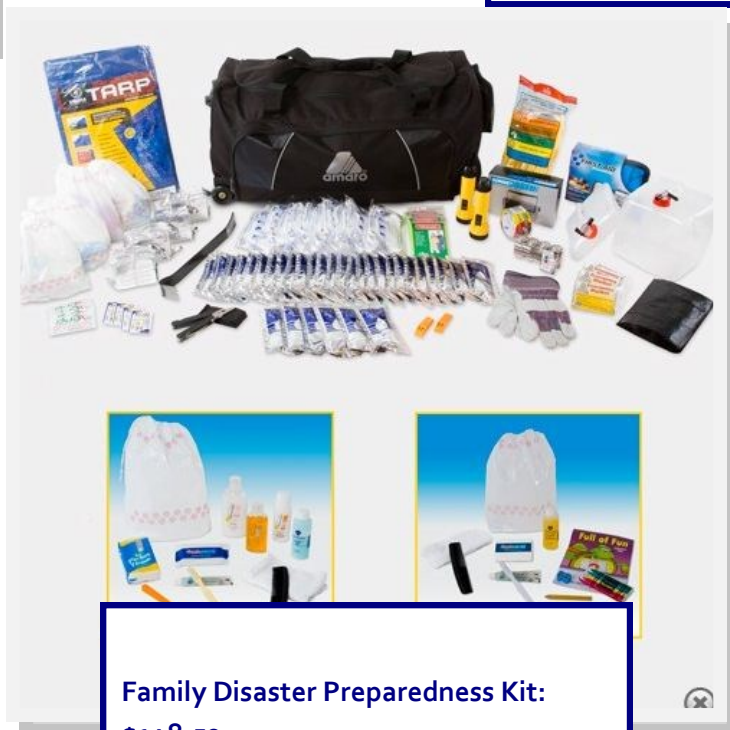
**Disaster Preparedness
StartStarter Kit: \$12.50**

Emergency Supply kits come in many sizes and price ranges. Here are kits that range from \$12.50—\$148.50, for more information and more option simply click on the pictures.

These are from: CERT-Kits.com



**Disaster Preparedness
Duffle Kit: \$26.63**



**Family Disaster Preparedness Kit:
\$148.50**



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Emergency Supply List Cont.

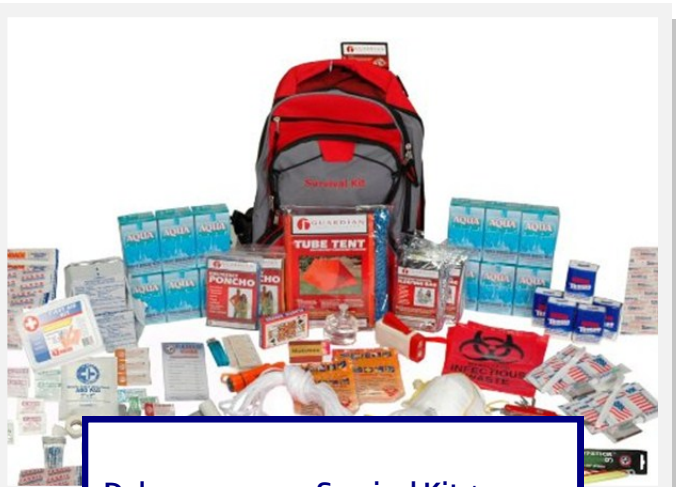


**Deluxe EM Kit W/ Honey
Bucket—4 Person \$64**

These kits are from [Amazon.com](https://www.amazon.com)
for more information and more
option simply click on the pictures.



**Safe-T Proof 2 Person/3
Day Grab and Go kit \$ 35.13**



Deluxe 2-person Survival Kit \$94.95



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More Information...

For more information on how to prepare for a disaster please visit one of the below websites. Additional information can be given by contacting the Vance AFB Office of Emergency Management, Phone: 580-213-6409/5209/5791; email: vance.emergency.management@us.af.mil

Air Force Be Ready

Are You Ready?

WHY SHOULD I PREPARE?

Everyone should have a plan.

Disasters come in many forms; explosions, hurricanes, tornadoes, and others. Being prepared can reduce fear, anxiety, and losses that accompany these disasters. Individuals, families, and communities should know what to do in the event of a fire and where to seek shelter during a tornado. Knowing what to expect and how to prepare makes any crisis more manageable.



START PREPARING TODAY

Take these three simple steps to prepare --



Ready
Prepare. Plan. Stay Informed..

BE INFORMED

Learn what protective measures to take before, during, and after an emergency.

MAKE A PLAN

Prepare, plan and stay informed for emergencies.

BUILD A KIT

Build a kit for disasters to be prepared.

GET INVOLVED

Find opportunities to support community preparedness.

BUSINESS

Plan for and protect your business.

KIDS

Fun and games for kids. Great tools for educators and parents too!